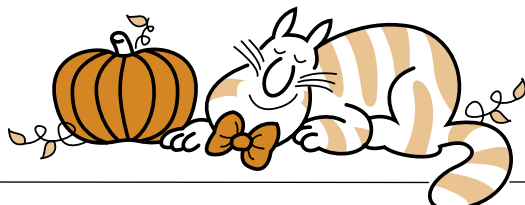


CAT TALES™



Treats for Chinese Moon Festival

The Chinese Moon Festival falls on the fifteenth day of the eighth month of the lunar calendar (which is Oct. 6 this year), at the time when the moon is at its maximum brightness for the whole year, and is called “zhong qui jie” or Mid-Autumn Festival.

The legend told to children is of a day when 10 suns appeared in the sky and the Emperor ordered a renowned archer to shoot the extra nine suns out of the sky. When he did so, the Goddess of Western Heaven gave him a potion to make him immortal, but the archer's wife took the potion and was banished to the moon as a punishment. There she became a beautiful fairy, coming out of her palace only once a year to dance in the shadows of the bright moon.

The historical legend is that in the 14th century AD, when China was being invaded by the Mongols, secret plans for rebellion were passed along hidden inside pastries called “Moon Cakes”, which the Mongols would not eat. The date of the rebellion, which was successful, was the fifteenth day of the eighth month of the lunar year.

Whether they originate in the legend of the fairy or in the story of the rebellion, Moon Cakes are a traditional Chinese treat for the Moon Festival. Why not get a parent to help you make some to enjoy this year?

FAT CAT® JOKES

Q. What kind of weather do ducks love?

A. Fowl weather!

Q. What kind of ducks rob banks?

A. Safe quackers!

Q. How can you tell a miser from his pet canary?

A. One is cheap, the other is a little cheeper!

Q. How much did the king pay for a nightingale?

A. He got it for a song!

Q. What did the parrot say when she fell in love with the frog?

A. Polly wants a croaker!

Q. What would you name a parrot made of plastic?

A. Polly-Esther!



Lotus Moon Cakes

1 can (17-1/2 ounces) lotus seed paste

1/4 cup finely chopped walnuts

4 cups all-purpose flour

1/2-cup non-fat dried milk powder

3 tsp baking powder

1/2 tsp salt

3 eggs

1 cup sugar

1/2 cup shortening, melted and cooled

1 egg yolk, lightly beaten

Preheat oven to 375°F. Mix lotus seed paste and walnuts; set aside. Sift flour, milk powder, baking powder, and salt together; set aside. Beat eggs with a mixer until lemony looking. Add sugar; beat for 10 minutes. Mix in shortening. Fold in flour mixture. Knead dough for 1 minute or until satiny; divide in half. Roll each half into a log; cut into 12 pieces. Form 1 piece into a ball, then roll out on a lightly floured surface to make a 4-inch circle. Put 1 Tbsp filling in centre. Fold in sides and press edges to seal. Place on ungreased baking sheet, seam side down. Brush tops lightly with egg yolk. Bake for 30 minutes or until golden brown. Cool on a rack. Makes 24.

FAT CAT® Fun Page



Autumn months bring the new school year and fun holidays. Find the autumn themed words in the puzzle below and circle each one. The first one has been done to start you off. Words may be horizontal, vertical or diagonal, backwards or frontwards, and some letters in the puzzle may be in more than one word.

A	H	I	J	M	N	Q	P	N	X	O	C	T	O	B	E	R	U	V	X
D	F	R	O	S	T	U	O	M	P	X	H	N	B	R	B	O	P	Z	E
O	P	W	Y	C	H	J	L	B	Y	T	S	E	P	M	X	U	K	X	C
J	G	E	G	H	A	P	P	L	E	S	O	P	W	M	N	F	P	D	T
U	Y	L	L	N	N	O	G	A	U	T	Q	K	H	V	N	P	A	M	U
Y	M	C	S	R	K	W	Q	C	M	U	Y	U	Y	C	N	E	R	M	S
L	O	O	H	C	S	S	H	K	R	E	D	M	A	O	I	U	T	R	Y
M	O	M	O	O	G	U	X	C	O	L	O	U	R	S	J	G	Y	R	T
R	X	E	Q	V	I	H	U	A	O	C	F	N	B	T	H	L	B	N	E
U	M	X	R	B	V	U	X	T	I	O	M	N	B	U	I	U	T	Y	C
H	U	T	X	N	P	I	H	C	I	M	N	O	P	M	R	D	C	C	T
A	U	T	U	M	N	J	G	T	V	M	B	D	A	E	D	K	L	Z	S
L	X	E	H	I	G	H	O	S	T	D	P	F	U	Y	M	P	X	B	E
L	D	A	D	E	E	M	E	K	J	P	Z	U	I	Q	T	M	P	N	V
O	W	C	F	N	O	V	E	M	B	E	R	Y	M	O	O	P	Y	D	R
W	D	H	J	G	A	P	P	K	L	N	U	T	R	P	E	E	N	N	A
E	X	E	F	E	P	P	U	T	R	D	V	G	N	K	K	L	M	H	H
E	G	R	L	D	L	E	S	R	T	Y	M	N	C	R	S	I	T	S	S
N	H	P	P	Y	H	N	F	V	C	D	R	S	U	N	N	O	N	L	L
S	S	S	E	P	T	E	M	B	E	R	X	T	L	N	D	M	A	S	K

WORD LIST

- APPLES
- AUTUMN
- BLACKCAT
- COLOURS
- COSTUME
- FAMILY
- FROST
- GHOST
- HALLOWEEN
- HARVEST
- LEAVES
- MASK
- NOVEMBER
- OCTOBER
- PARTY
- PUMPKINS
- SCHOOL
- SEPTEMBER
- SQUASH
- TEACHER
- THANKSGIVING
- TURKEY
- WELCOME

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